

Functional Analysis for Pro-social Behaviour

_____ (name of behaviour / activity)

External	Internal	Behaviour	Short-Term Negative Consequences	Long-Term Positive Consequences
<p>1. <u>Whom</u> are you usually with when you _____? (behaviour/activity)</p> <p>2. <u>Where</u> do you usually _____?</p> <p>3. <u>When</u> do you usually _____?</p>	<p>1. What are you usually <u>thinking</u> about right before you _____? (behaviour/activity)</p> <p>2. What are you usually <u>feeling physically</u> right before you _____?</p> <p>3. What are you usually <u>feeling emotionally</u> right before you _____?</p>	<p>1. What is the nonusing behaviour/activity?</p> <p>2. <u>How much</u> do you usually _____?</p> <p>3. <u>How long</u> does _____ usually last?</p>	<p>1. What do you dislike about _____ (behaviour/activity) with _____? (whom)</p> <p>2. What do you dislike about _____ (behaviour/activity) _____? (where)</p> <p>3. What do you dislike about _____ (behaviour/activity) _____? (when)</p> <p>4. What are some of the unpleasant <u>thoughts</u> you have while you are _____?</p> <p>5. What are some of the unpleasant <u>physical feelings</u> you have while you are _____?</p> <p>6. What are some of the unpleasant <u>emotional feelings</u> you have while you are _____?</p>	<p>1. What are the positive results of _____ (behaviour/activity) In each of these areas:</p> <ul style="list-style-type: none"> a. Family members b. Friends c. Physical feelings d. Emotional feelings e. Legal situations f. School situations g. Job situations h. Financial situations i. Other situations