

**A-CRA FUNCTIONAL ANALYSIS FOR PRO-SOCIAL BEHAVIOUR ( \_\_\_\_\_ )**  
(activity)

| External Triggers                                       | Internal triggers   | Pro-social Behaviour                         | Short-term -Consequences Not so good things                             | Long-Term +Consequences Good things (rewards)                          |
|---|---|--|---|--|
| 1. <u>Who</u> are you usually with when you (activity)? | 1. What are you usually <u>thinking</u> about right before you (activity)?      | 1. <u>What</u> is the non-drinking activity? | 1. <u>What</u> do you like about using with (who)?                      | 1. what are the negative results of your using in each of these areas: |
| 2. <u>Where</u> do you usually (activity)?              | 2. What are you usually <u>feeling physically</u> right before you (activity)?  | 2. <u>How often</u> do you engage in it?     | 2. What do you like about using (where)?                                | a)Interpersonal:   |
| 3. <u>When</u> do you usually (activity)?               | 3. What are you usually <u>feeling emotionally</u> right before you (activity)? | 3. <u>How long</u> does it usually last?     | 3. What do you like about using (when)?                                 | b)Physical:  |
|   |   |  | 4. What are the pleasant <u>thoughts</u> you have while using?          | c)Emotional:   |
|   |   |  | 5. What are the pleasant <u>physical feelings</u> you have while using? | d)Legal:   |
|   |   |  | 6. What are the pleasant <u>emotions</u> you have while using?          | e)Job:   |
|   |   |  |   | f) Financial:  |
|   |   |  |   | g) Other:  |