

FALLING IN LOVE

Therapist: Now suppose I were to offer you one billion dollars—one billion—if you can do what I ask. I'm going to bring someone into this room—someone you've never met before—and if you can instantly fall head over heels in love with that person, then I'll give you the money. Could you do it?

Client: If it were Brad Pitt, I could.

Therapist: It's a little old man in a wheelchair, and he hasn't had a bath for three months.

Client: No.

Therapist: Not even for one billion dollars?

Client: I could try.

Therapist: Sure. You could put on an act. Hug him and kiss him and say, "I love you, I love you!" Because you've got a lot of control over your actions, but could you control your feelings?

Client: No.